

JKF Wadokai Japan

Subjects for Dan Examination

	Basic Technique (Kihon)	Kata	Basic (Kihon)Kumite	Jiyu (free)kumite
1 st Dan	Same as 2 nd Dan	Kushanku	On the day of examination two kinds of basic kumites will be designated for examinees to perform.	Free Sparring
2 nd Dan	Junzuki (Keri and Junzuki), Gyakuzuki (Keri and Gyakuzuki) Junzuki Tsukkomi (Keri and Junzuki Tsukkomi), Gyakuzuki Tsukkomi (Keri and Gyakuzuki Tsukkomi), Tobikomizuki , Tobikomi Nagashizuki	Two different katas. Seishan or Chinto, one will be designated on the day of examination for a "Must". Choose another Kata from Wadokai.	Same as 1 st Dan	Free Sparring
3 rd Dan	Same as 2 nd Dan	Same as 2 nd Dan	Same as 1 st Dan	Free Sparring
4 th Dan	Same as 2 nd Dan	Same as 2 nd Dan	Same as 1 st Dan	Free Sparring
5 th Dan	Same as 2 nd Dan	Same as 2 nd Dan	Same as 1 st Dan	Free Sparring

Subjects for Instructor's License Examination

	Basic Technique (Kihon)	Kata	Basic (Kihon)Kumite	Jiyu (free)kumite
3 rd Kyu (min. 3 rd Dan)	Junzuki (Keri and Junzuki), Gyakuzuki (Keri and Gyakuzuki) Junzuki Tsukkomi (Keri and Junzuki Tsukkomi), Gyakuzuki Tsukkomi (Keri and Gyakuzuki Tsukkomi), Tobikomizuki , Tobikomi Nagashizuki	Seishan Chinto One from Kata list	all EVEN (2 4 6 8 10) or all ODD (1 3 5 7 9)	Free Sparring
2 nd Kyu (min. 4 th Dan, 30 years old, 3 rd Kyu instructor)	Same as 3 rd Kyu	Seishan Chinto One from Kata list	all EVEN (2 4 6 8 10) or all ODD (1 3 5 7 9)	Free Sparring

Kata:

1. Kushanku, 2. Naihanchi, 3. Seishan, 4. Chinto, 5. Passai, 6. Niseishi, 7. Rohai, 8. Wanshu, 9. Jion, 10. Jitte.